

# KIRKBY OVERBLOW PARISH COUNCIL

20th March 2020

Dear Village Resident

## Corona Virus

The Parish Council realise that we are in an unprecedented situation and want to reassure everyone that we will work together to get through this difficult period.

We have set up a small village team who are going to keep in regular contact with you all via different means in order for everyone to feel they are kept up to date and feel supported.

Last week you will have all received the first KO Bulletin which was delivered to you through your door. Lucy [REDACTED] has set up a group of volunteers who will be delivering shopping, medicines or giving a helping hand in any way they can to anyone in the village who needs help. Please do contact her on [REDACTED] if you would like some help or if you would like to be a volunteer.

Lucy will be sending out more communication bulletins and the next one will include a food ordering list so that you can order fresh fruit and veg, meat and bakery goods from the pub which will become a central point for everyone. Kate is also offering a range of cooked meals that you can pick up or have delivered to your door. You will be able to order these meals or food from the food ordering list directly through Kate on [REDACTED]. Look out for the second bulletin which will be via email or by post.

We are also looking to offer a range of activities online including a pub quiz! Kim [REDACTED] has introduced an art class online and there were other ideas such as exercise classes. If you have other ideas please do let Lucy know.

In order to send these bulletins and updates to you quickly and efficiently, we will email as many of you as possible. Anyone who does not have access to email will receive a paper copy of the bulletin through their door. Please contact Ruth [REDACTED] or Lucy [REDACTED] with your email address or phone number if you are not already on the village emailing list that we use to send PC updates. Please also contact Ruth or Lucy if you would prefer to opt out of these Corona Virus emails. We will still keep you on the Parish Council email list if you wish.

We will keep you up to date via these Parish Council updates and via the communication bulletins. In the meantime, if any of you would like to speak to either myself or my fellow [REDACTED] please feel free to do so.

Finally please be aware of several corona based scams online. Examples are HMRC refunds, message from world health org offering to share a list of cases or a virologist offering advice on how to avoid the virus or sales of masks and sanitisers.

You can get definitive advice at <https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

If you think you may have symptoms, please do not visit your GP but access help online from NHS 111 at <https://111.nhs.uk/covid-19> or call your surgery for advice. We have a fantastic community in Kirkby Overblow and we are all here to help each other. Please do not hesitate to call if we can be of any help or offer any advice. Best wishes and we will keep in touch.

Kind Regards