

KIRKBY OVERBLOW PARISH COUNCIL

22nd March 2020

Dear Village Resident

Infection control guidance for our village

Dear All

Happy Mothers Day. We hope you have managed to have a good day.

Thank you for forwarding other people's email addresses and we are hand delivering to those who are not on email.

We are pleased to say that the first live stream of the Sunday service happened this morning and congratulations to Lucy [REDACTED] for making it happen! We will update you about future services in later bulletins.

We have a team of volunteers and Kate's takeaway service is a real hit. Please do call if you are wanting to order food. Kate is on [REDACTED] and [REDACTED]

We wanted to send you some guidance on staying safe at this difficult time and this is also for our volunteers who we are really grateful to. Kate's team and Lucy's volunteers are all fully aware of the safety guidance and are there to help. Gillian [REDACTED] and her team have put this advice together. If we all follow this advice when we are receiving any items in our post or from volunteers, it will help us stay safe.

What is this guidance intended to do?

To ensure that the risk of disease transmission between village volunteers and those that they are supporting is kept to a minimum, keeping everyone safe.

It may be the case that the government will publish guidelines for volunteers in the near future and guidance for securing basic provisions for those self-isolating. In that event please follow that guidance. In the meantime, this guidance aims to keep us all as safe as possible.

Thank you for volunteering

You do not need to have direct contact to volunteer. Remember a phone call, email chat, Facebook messaging can make a huge difference.

However, for those volunteering for deliveries, picking up medicines etc. please **do not volunteer** if you are in any of the following categories:

- You are over 70.
- You have a chronic illness that makes you vulnerable (please consult national guidance for more information).
- You live in a house with a vulnerable person.
- You live in a house with frontline NHS staff members.
- You are unwell.
- You are pregnant.

Advice for volunteers

1. The best thing you can do to minimise risk of infection is to thoroughly wash your hands for at least 20 seconds with soap and water or an approved hand sanitiser (60% alcohol) **BEFORE AND AFTER** any volunteering activity or contact including handling paper/post. Throw away the paper once you have read something and wash your hands.

2. Keep the government recommended distance between individuals. Social distancing is vital.
3. Wipe down items or surfaces that you have handled or come into contact with. For example:
 - Wipe down door handles, doorbells etc. before and after you have touched them.
 - Wipe down any items you are collecting from those you are supporting.
 - Wipe down any items you are delivering to those you are supporting prior to passing them on.
 - Avoid handling cash wherever possible.
4. Where possible leave packages on the doorstep to avoid contact with those individuals who are isolating.

Please share this guidance with others.

THANK YOU, KEEP SAFE.

The KO CoVid Team