

Newsletter No 11
23rd April
2020

The Kirkby Overblow COVID Newsletter



Dear Village Resident

We hope you are enjoying the weather and are continuing to manage life in lock down without too many problems. Remember we have a team of willing and able volunteers who are ready and able to help if you need anything at all. If you just want to have a chat or have a shopping item that is difficult to purchase, we are here for you.

Thank you for all of the food donations for the Harrogate Hospital pop-up shop. Lucy delivered them to a central hub and a big thank you to all who donated. Also thank you to those of you who are now making scrubs or the laundry bags for the NHS staff. I have had some bags dropped off to me and will take them to a lady in Huby who is collecting them together. Many of these will go to nursing homes as the staff have requested them. A huge thank you!

Our village website link is <https://kirkbyoverblow.org/>. to access all previous newsletters and up to date information.

How can we help each other and those in need beyond our village?

Supporting the NHS and each other

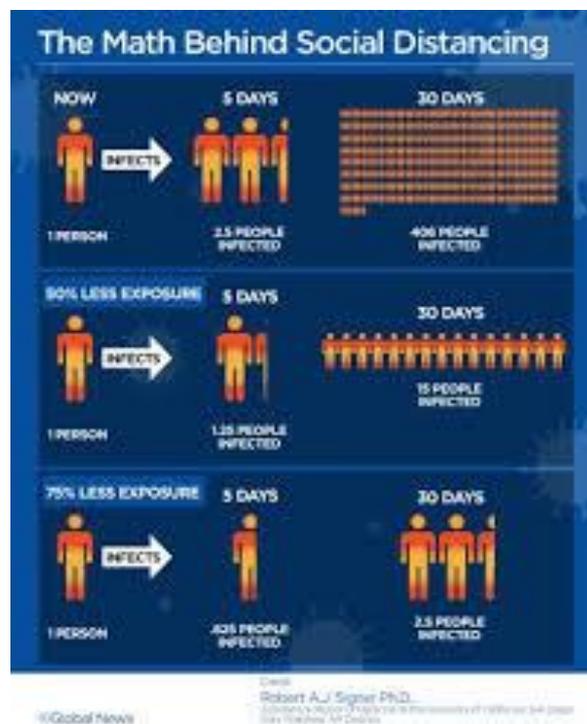


As part of our support for all of the key workers that are doing such an amazing job, we would encourage you all to join us from your own gardens or front door at 8pm tonight to clap for the NHS. If you have drums, saucepans, or anything else that makes a noise, lets celebrate by making as much noise as possible this evening.

The impact of social distancing

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The government are saying that we will be social distancing for quite some time and this is why.



We would all like this virus to be eradicated as quickly as possible and the best way for us to support others and look after the wider population is to maintain social distance. The impact that this simple strategy has is phenomenal. So please pick up the telephone and talk to one of us if you need anything at all or just want a chat-we want to help each other to stay safe.

*A New Food Offering.
We're here to help.*

Frozen food and fresh takeaways

Kate and her team are working hard to offer the fresh food and the frozen food service and many of us had a fantastic takeaway on Friday or Saturday night which was so appreciated. There were over 90 orders on Friday and over 40 on Saturday. I have also heard that the Sunday roasts are amazing! The menu is attached separately.

Kate continues to update the fresh supplies order form and so if you would like to order, please click on the link below. Please place your supplies order by Sunday and it will be ready for collection or delivery on Wednesday next week.



<https://forms.gle/59HArSSmXFq9t89Z7>

Prescriptions

Sarah [REDACTED] has kindly offered to deliver all prescriptions for Kate. They will be dispatched on the day that they are received from Leeds Road Surgery. If you have any questions at all, please contact Kate.

This is a good time to help your neighbours or perhaps someone you didn't know before.

Volunteering, Activities and Information

If anyone has still not requested their sunflower seeds from Lucy, please do contact her as we still have some seeds left. Thank you.

Lucy has some great ideas for some virtual village events and we will be telling you more about these in the coming weeks. Included are a wine tasting evening and also some Kirkby Overblow Ted Talks where we have a local expert do a short talk about art, gardening or a cookery demonstration. If you would be happy to do a talk for say 20 minutes on your favourite subject please do let us know. We are likely to use Zoom for this.

There is a village gardening whatsapp group who are happy to extend their group to anyone who is interested in swapping tips, additional seedlings or just to talk about their gardens! If interested please contact Lucy who will then let the group know and will forward your details.

As we outlined in our last newsletter, we want to ensure everyone has the support that they need.

- We now have a small number of reliable trades people that we can put you in touch with if you have an emergency at home and need some maintenance work.
- If you have financial concerns during this difficult time, please do contact us in confidence and we will be able to advise you on the support that is available. The help available is changing constantly and we are here to offer advice or point you in the right direction.

A message from our vicar Craig Marshall

Church News



Greetings everyone,

I hope this finds you safe and well as we journey ever deeper into the Covid 19 Lockdown. So many words seem to have been used to describe our current circumstances; strange, peculiar, unprecedented, frustrating and life-changing are just some of the adjectives I've used or heard. What about you? Perhaps one of the most challenging aspects for those of us who are spending so much time at home, is providing some kind of structure to each day as one melds into the next. However, perhaps rather than this being understood as a challenge, perhaps it might be considered a blessing. Taking more time to pursue a much-loved hobby, catching up on some reading or even taking the opportunity to try something new might all feature. For me, my day in recent times has been structured around my usual prayer times, phone calls, emails and social media posting, unpacking, a daily walk and spending quality time with those in my household. Having been introduced to 'zoom', the now weekly services are proving to be delightful even if they take a little getting used to. In addition to all this, whilst unpacking, I've rediscovered a number of books I haven't read before. I do hope you might be seeing some hidden gems and flickers of brightness in the places you are.

Amidst all this 'newness' and 'reimagining', please permit me to finish with a collect (prayer) set in today's online Lectionary. I think it has a strong appeal and resonance for the times in which we find ourselves. Please feel free to make it your own. Think of the words 'Risen Christ' and 'God the Father as 'True Love'. In the face of the Covid crisis, may true love be at the centre of all that we are experiencing at the moment and may it be appreciated in the acts of kindness, care and support we see undertaken by so many in our community at this time.

Risen Christ,
for whom no door is locked, no entrance barred:
open the doors of our hearts,
that we may seek the good of others
and walk the joyful road of sacrifice and peace,
to the praise of God the Father. Amen

With every blessing and all good wishes
Craig

Upcoming Events

Monday 27th April-Pub Quiz from the Shoulder of Mutton at 7.30pm

The pub quiz was a great success again! Please do join Kate for the next one on Monday night. It is really easy to join and if you give one of us a call a couple of days before, we can talk you through how you set up Zoom.

All you need to do is download the Zoom app on your mobile phone, PC or ipad and then ten minutes before the event, please click on this link below and you will go straight through to join the quiz.

The quiz link for Monday is as follows:

<https://us02web.zoom.us/j/437224837?pwd=amlocnhLM2twL2lwb0YxdWZZQzI5UT09>

The password is: **shoulder**

And Finally...

As always, please contact us with any questions, queries or ideas for future bulletins. We are always pleased to hear from everyone.

Take care of yourselves, **stay home** and **stay safe**.

Best wishes

Kirkby Overblow Parish Council and CoVid Community Group



Useful Links

All our links are to official sources.

Coronavirus: How to help safely

Published 26 March 2020

<https://www.gov.uk/government/publications/coronavirus-how-to-help-safely--2/coronavirus-how-to-help-safely>

Stay at home: guidance for households with possible coronavirus (COVID-19) infection

Updated 24 March 2020

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

COVID-19: guidance on social distancing and for vulnerable people

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>

Staying at home and away from others (social distancing)

Published 23 March 2020

<https://www.gov.uk/government/publications/full-guidance-on-staying-at-home-and-away-from-others/full-guidance-on-staying-at-home-and-away-from-others>

Coronavirus (COVID-19): what you need to do

<https://www.gov.uk/coronavirus>