

Issue 9  
9th April  
2020

# The Kirkby Overblow COVID Newsletter

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*Extraordinary times  
require extraordinary  
kindness*

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Dear Village Resident

We hope that you are all enjoying the sunshine. It is beautiful outside and Spring is definitely in evidence in our gardens and the surrounding fields.

Some of you will have had supplies delivered by Kate this Wednesday. We had ours delivered to the door by Freddie and Sandy [REDACTED] Thank you boys!

Remember if you want to look at Kate's fresh takeaways, her frozen food offering or the food supplies order form, all are available on previous emails and on our website. <https://kirkbyoverblow.org/>.

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*The Shoulder Services.  
We're here to help.*

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## Frozen food and fresh takeaways

**Friday & Saturday fresh food takeaways:** available for collection between 5.30pm and 8.30pm. We've extended the time window as it was so busy last week. If you are at all worried about having to queue for your takeaway during the peak times between 6.30pm & 7.30pm, we can deliver. Please order by 4pm on the day.

**Easter Sunday Lunch takeaways:** please order by Saturday if possible so we can forecast demand and allocate time slots but we can take orders up to 11am Sunday (food and time slots permitting!)

## Fresh Food Orders & Frozen Ready Meals

Here is the order form for next week's food supplies/pantry items with deliveries/collection on Wednesday 15th April. Please order by 6pm on Sunday 12th April. Orders for collection will be ready by 1pm on the Wednesday. Please collect as soon as possible after that to minimise the length of time items are not refrigerated. If you cannot collect at that time please advise and we will store your order.

<https://forms.gle/RK3f69hBmEK9fvDb9>



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*This is a good time to help your neighbours or someone you perhaps didn't know before.*

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## Volunteering, Activities and Information

### Teddy Bears around the village

Whilst you are walking around the village, we would like to invite each household to create a teddy bear trail for children whilst they are out for a walk for fresh air/exercise. If we all put a teddy bear 🧸 in our window or out in the sunshine in our gardens and change them perhaps in the coming days, children can go on a 'bear hunt'. You could even read or watch the 'We're going on a bear hunt' story together before your walk (it's on CBeebies storytime).

Please follow the social distancing rules. Only take part with your own household. This must not be used for gatherings. Do not arrange to meet friends or extended family.

Just to remind you that if you haven't already ordered your sunflower seed, the seeds are arriving in the next few days so Lucy will be delivering to your doors. We would love the whole village to have sunflowers growing in the sunshine!

## Easter Services- a message from our New Vicar

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### Church News



### A message from our new vicar, Craig Marshall

Thank you all for your messages and for the welcome that you have given to my family and to me. This comes with my prayers and blessings at this time and I look forward to the day when I can greet you in person.

This week I set up a Facebook Page entitled 'Lower Wharfedale Benefice Rector'. The link is below.

<https://www.facebook.com/Lower-Wharfedale-Benefice-Rector-102290708109941/>

If you go to the page, you will find messages from me, a video of Wednesday night's Compline and Holy Communion for Maunday Thursday too. Please feel free to watch, reflect and pray along should you wish.

For the rest of this Holy Week, you will be able to tune in at 7pm each evening (although material will be uploaded much earlier!) for the following:

Maundy Thursday.	Eucharist reflecting 'the Last Supper'
Good Friday.	Reflecting 'at the foot of the cross'.
Saturday.	Service of Light

On Easter Sunday, there will be a service scheduled using Zoom. Please download Zoom onto your phone, PC or iPad. Then join the Zoom meeting on <https://us04web.zoom.us/j/251437446>. Click on this link and enter the meeting ID 251 437 446

For those who are not on Facebook, I will ask those with contact lists to email the Maundy Thursday, Good Friday reflection and Service of Light so that you can enjoy reading them at home. Craig

## Easter Cross of Daffodils

As the Church will be closed on Easter Sunday we thought it would be nice to locate the “Daffodil Cross” at the iron gates of the Church on Good Friday so that members of the congregation and villagers can pass by, select a daffodil and thread it into the cross.

We can't do many things at present, but we hope these little gestures put a bit of sunshine and happiness in your day.

We would ask that you do not touch the bucket or the other flowers and that you wash your hands before and after you have added your daffodil.

Thank you.

Yours Jim

## Upcoming Events

**Monday 13<sup>th</sup> April-Pub Quiz from the Shoulder of Mutton at 7.30pm**

**The pub quiz was a great success last week and this will be repeated for next Monday at 7.30pm.**

All you need to do is download the Zoom app on your mobile phone, PC or iPad and then ten minutes before the event, please click on this link below and you will go straight through to join the quiz.

The quiz link for Monday is as follows:

<https://us02web.zoom.us/j/437224837?pwd=amlocnhLM2twL2lwb0YxdWZZQzI5UT09>

**The password is: shoulder**

Good luck!



## Kirkby Overblow COVID Guidance

We will continue to refer you to the best guidance sources. Dr Gillian [REDACTED] and John [REDACTED] have included links to a coronavirus FAQs site and secondly to a symptom tracker.

**Coronavirus outbreak FAQs: what you can and can't do - GOV.UK**

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

There have been a number of symptom tracker tools available online and this is the one that the NHS have officially put together. This will help the NHS to get a clear picture of the virus and how symptoms are experienced across the country.

**Symptom Tracker**

<https://www.nhs.uk/coronavirus-status-checker>

## And Finally...

Thank you for the photographs of the village. We will try and use them on the Newsletters, facebook page and the website.

As always, please contact us with any questions, queries or ideas for future bulletins. We are always pleased to hear from everyone.

Take care of yourselves, **stay home** and **stay safe**.

**Best wishes**

**Kirkby Overblow Parish Council and CoVid Community Group**



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A blue button with rounded corners and a white right-pointing triangle, containing the text "Useful links".

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## Useful Links

All our links are to official sources.

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### ***Coronavirus: How to help safely***

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Published 26 March 2020

<https://www.gov.uk/government/publications/coronavirus-how-to-help-safely--2/coronavirus-how-to-help-safely>

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### ***Stay at home: guidance for households with possible coronavirus (COVID-19) infection***

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Updated 24 March 2020

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

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### ***COVID-19: guidance on social distancing and for vulnerable people***

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<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>

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### ***Staying at home and away from others (social distancing)***

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Published 23 March 2020

<https://www.gov.uk/government/publications/full-guidance-on-staying-at-home-and-away-from-others/full-guidance-on-staying-at-home-and-away-from-others>

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### ***Coronavirus (COVID-19): what you need to do***

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<https://www.gov.uk/coronavirus>