

Newsletter No 12
30th April
2020

The Kirkby Overblow COVID Newsletter



Dear Village Resident

This week we have a change in weather and also the situation feels as if it is changing slightly. As some people are looking forward to an easing of the lock down restrictions, our government are reminding us that we are still in difficult times and the longer we can continue to abide by the lock down rules , the better it will be for us, our families, our neighbours and our friends. We would ask you all to keep social distancing, limit your trips out only to essential needs and in this way, we will be making our contribution to helping the NHS.

Happy 100th Birthday to the amazing Captain Tom Moore. As he said today, "Please always remember, tomorrow will be a good day."

Can I also remind you that all our previous newsletters are available on our website <https://kirkbyoverblow.org/>.

How can we help each other and those in need beyond our village?

Supporting the NHS and each other



Thank you for participating in the round of applause tonight and to Jim and Liza for ringing the church bells. We will be doing the same again each Thursday at 8pm. We look forward to hearing you all then!

The latest government advice on eligibility for testing

Coronavirus testing is available for millions more people in England from today after the government loosened rules on who can apply.

Testing expanded last week to all key workers in England and their households. Now, all care home residents and staff, people over 65 and those who must leave home to work are entitled to a test.

No 10 stated today that they are aiming towards their target of 100,000 tests per day but may take a few more days to achieve this, with just over 43,000 taking place as of Monday this week.

The expansion in eligibility means 25 million people can now book through the government's test-booking website. Please refer to the government advice below:

<https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested>

If you have any concerns or wish to ask any questions at all about this, please do contact us.

Guidance for households with possible Coronavirus infection

As the symptoms of the virus can vary, some of you are concerned that you are unsure if you have had the virus. If you have anyone in your household with any symptoms, please follow the guidance below:

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance?utm_source=623f300c-6b3e-4107-8bbc-fc2f5f26f3c6&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate

Kate continues to expand the service.

Kates new offer-weekends just got better!

Kate and her team are continuing to offer fresh meals at the weekends, the frozen options during the week and the fresh supplies that we can order to fill our cupboards. The frozen meals and fresh meal menu is attached separately again.

Kate continues to update the fresh supplies order form and so if you would like to order, please click on the link below. Please place your supplies order by Sunday and it will be ready for collection or delivery on Wednesday next week.

<https://forms.gle/YxBUBNhZuZ4n3fXC7>

Sunday Bakes from The Shoulder



Starting this Sunday (3rd May), you can order freshly baked croissants and pain au chocolat for a delicious breakfast treat. Collect between 9 and 10am from the takeaway door.

Add a freshly ground bean to cup coffee as well to really get your Sunday started!

Message or email Kate with your order by end of day Saturday. Payment by bank transfer.

Croissants & pain au chocolat £1 each
 Bonne Maman Strawberry Jam (30gm) 50p each
 Coffees (americano, flat white, cappuccino, latte) £2 each

Curry Night Takeaway Special: Wednesday 6th May



Enjoy one of our famous curry night specials for a midweek break from cooking:

onion bhajis
 chicken tikka masala
 lamb rogan josh
 rice & naan bread
 poppadums & pickle tray

£12.50 for 1 person or £25 for 2 and multiples thereof!

Message or email Kate with your order by end of day on Tuesday 5th May. Payment by bank transfer.

Collect between 6pm and 8pm and at 15 minute intervals in between. Please specify a collection time when you order. Delivery also available within a 3 mile radius. Over 3 miles, a £2 delivery charge applies.

Mob: 07772895863 Email: katedeacon@btconnect.com
 Bank details: D & K Deacon Ltd Sort code: 09 01 50 A/C No: 06342256

Prescriptions

Sarah [REDACTED] continues to deliver all prescriptions for Kate. They will be dispatched on the day that they are received from Leeds Road Surgery. If you have any questions at all, please contact Kate.

This is a good time to help your neighbours or perhaps someone you didn't know before.

Volunteering, Activities and Information

Thank you to those of you who are busy sewing scrubs and laundry bags for the hospital and local care homes. I have taken some over to a coordinator today and she was thrilled and sends a huge thank you!

Wine tasting evening. 'Summer Tipple Together'



We are still working to stay at home and save lives. We are looking to also keep spirits up and find ways to "virtually" be together. To this end we would love to organise a village wine tasting evening looking at summer tipples, with fizz, rose, white, 2 red's and a desert wine to try.

We would like to understand the level of interest in this event which will be in the next few weeks and will be £10 per head. Please email [lucy \[REDACTED\]](mailto:lucy@[REDACTED]) confirm your name, your house and the number of participants in your group. We are also looking for people to volunteer to be 'pourers'. To maintain social distance we will ask each house to leave a glass outside per participant and these will be filled by 1 pourer who will be responsible for 1 set of bottles i.e 6 participants.

Time Capsule



We are living through a moment of history and through this challenging time we thought it might be special to put together a register of who lived through these times within the village. To make it more interesting for future generations we would love to collate a household photo, the names of the home and occupants and any memories you would like people to remember as a moment of history.

We would not look to share this information outside the village -it would be collected for our own memories and if you have suggestions how we should save and share these memories, do let us know.



'Closed' Open Gardens

Another idea that has been given to us by Geof Nuttall is to create a visual, social distanced open gardens.

We would love to collate the feeling of an open garden. If we could collect some photographs and some video footage of our village, the outside of your home and garden, we can share something beautiful and joyous. Here is an example of a similar effort in another community though we would look not to include house names for privacy. We could also include some drone footage if we get some more sunshine!

<https://gopro.com/v/DbMBGbqqe650q>

Please do let us know your thoughts. Our contact details are all at the end of this newsletter.

Keep happy and keep in touch with us.

We are here for you. Lucy

Blue Barn Purchases

Min [REDACTED] has kindly offered to coordinate the orders that people in the village may have for The Blue Barn. The Blue Barn in Pool are offering a delivery service only and sell all sorts of pet food and supplies as well as equine supplies, bird seed, compost and much more. If you wish to order, have a look online on their website, then contact Min and give her your order. She is ordering every couple of weeks and this will make it much easier for all of us as well as simplify deliveries for The Blue Barn. Our volunteers will then help Min to deliver the supplies to each of you. Min's contact details are [REDACTED]

A message from our vicar Craig Marshall

Church News



Dear Friends

I hope this finds you safe and well.

Last Sunday, the reading we heard in our online 'zoom' service was taken from St. Luke's Gospel which gives the account of two followers of Jesus walking along the road to their home in Emmaus. They are talking about the events surrounding Jesus' crucifixion. It is whilst they are walking and discussing that the risen Lord Jesus comes alongside them but significantly, they do not recognise him.

As we journey through life and particularly at this time when our way of life seems to have been turned upside down, I reflected on the fact that Jesus was not recognised by his fellow travellers. Christian teaching suggests that in order for others to encounter the love of Christ we can help reveal him by the way we relate to others through love and kindness and in return we may see the pattern of Christ in the way others show love, support and kindness to us.

If these recent weeks have revealed something important to me, it is how, prior to the lockdown, as a result of the busy nature of life it is all too easy to fail to recognise the importance of those who love, care for and support us in the broadest sense through their work. I think all of us have a much-heightened awareness of the role our healthcare workers, social care workers and those who work in the emergency services play in our lives. In addition, as I stay at home following the national guidelines, I am more alive to the fact that I can still enjoy running water, turn on the lights and boil a kettle and have my recycled waste removed each week to name a few. Behind all these every day possibilities, men and women are working on behalf of the community to ensure we have the services we might easily take for granted. Perhaps like those journeying along the Emmaus Road we sometimes fail to recognise all that is good in our daily lives. I'm sure we all thank and appreciate those who continue to work for the benefit of us during this pandemic so I finish with a prayer for them all.

This comes with warmest regards

Craig

Loving Lord,

Thank you for all those who continue to provide essential services during this time of great national upheaval. We ask your protection over them that they remain safe, well and strong. May they and their loved ones be richly blessed by an awareness of our appreciation for all they are doing to make our lives comfortable and as settled as possible during this crisis. In Jesus' name we pray. Amen

