

Newsletter No 16
29th May
2020

The Kirkby Overblow COVID Newsletter



Dear Village Resident

We hope that you are enjoying the sunshine and are having a good week. We are looking forward to the wine tasting event tonight and we are also pleased to say that due to the success of the Sunday morning pastries, Kate is extending her offering to include full breakfasts.

We have heard from a number of people that they feel confused about the advice now from the government. The latest advice is that from Monday in England:

- you will be able to meet in groups of up to six people from different households outside - either in parks or now also in private gardens - as long as you remain 2m (6ft) apart.
- There is no longer any limit to the amount of time you can spend outside doing exercise, or in "open-air recreation" like sunbathing in England and, from Friday, in Scotland.
- You can play outdoor sports such as golf or tennis with members of your household or with one other person from another household (while maintaining social distance).
- Those who do use buses or trains are being told to expect social-distance queuing and to wear face coverings.

John and Gillian [REDACTED] have also put advice together on what you need to do if you feel you should be tested. With the new track and test process from the government, we may all be advised to go and be tested at some point in the coming months if we have been in an area where there has been a case.

Can I also remind you that all our previous newsletters are available on our website <https://kirkbyoverblow.org/>.

How can we help each other and those in need beyond our village?

Supporting the NHS and each other



Thank you to all of you who applauded the NHS last night. It is much appreciated. Its great to hear the church bells too. Thanks Jim and Liza.

Food, store cupboard items and weekend treats

New breakfast offering-Weekend Breakfasts, Sunday treats and a Curry Night

- Kate and the team are expanding their weekend offering and are also going to do another curry night as it was so popular last time. Please see the new attached form from Kate outlining the weekend breakfasts, Sunday bakes and the curry night next Wednesday. Enjoy!
- The frozen meal options during the week and the fresh meal options on Friday, Saturday and Sunday stay the same and these are also attached on the usual form.
- Here is the food supply form for next week - week 10:

<https://forms.gle/fE4VNACNyzT9mowZ9>

Please place your supplies order by Sunday and it will be ready for collection or delivery on Wednesday next week.



Advice and support to help us all

Volunteering, Activities and Information

Coronavirus Public Health Update-It's not over yet

Advice from Doctors John and Gillian [REDACTED]

COVID 19 is a potentially lethal disease transmissible from person to person. While we appear to be over the virus peak, we are still vulnerable to a further surge if we don't keep our guard up. The majority of people infected will have mild symptoms and will recover. Tragically, some people will succumb to the virus no matter what and difficult decisions have to be made. Some people will require medical support to survive. The key has been to ensure that

those who would benefit and who needed help from the NHS could get it. Through all of our actions we have been successful in ensuring that the NHS has been able to cope, which is fantastic news. However, we must remain vigilant.

The best advice remains:

- Wash your hands frequently
- Stay at home as much as possible
- Work from home if you can
- Limit contact with other people
- Keep your distance (2 metres)

If you develop symptoms follow the [self-isolation](#) guidance.

Testing for coronavirus

Anyone over 5 years with symptoms is now eligible for an antigen test to see if they *currently have* coronavirus. Essential workers are given priority. Antibody tests to see if you *have had* the virus are not yet routinely available in the UK.

[Essential workers](#) and those who live with them, even if they are not displaying symptoms can book a priority test directly through [The Department of Health and Social Care web portal](#) for self-referral for key workers and their families.

Everyone else should use [the 111 online coronavirus service](#) to access NHS 111 on-line where you will be asked some questions to check if it might be coronavirus, and will be advised what to do next.

You need to have the test within the first 5 days of having symptoms.

Anyone can check if they are eligible and where they can get a test at: www.gov.uk/coronavirus.

If you are struggling to use the technology anyone can apply for a test on your behalf. Dr John [REDACTED] has volunteered to help anyone in this regard. Contact him *via* Lucy [REDACTED]

Where can I get tested?

Drive through facilities, manned by the military, have been set up around UK. Many of these are temporary and the location of the test centres nearest to us changes daily. The location of the nearest open test site can be found on the [North Yorkshire website](#).

Home test kits can be delivered to anyone with symptoms who is either an essential worker, over 65, cannot work from home or lives with anyone in these groups although these are in high demand and may not be immediately available.

All those tested will get their results by text within 48 hours of having their swab taken.

You must [self-isolate](#) while waiting for your test results.

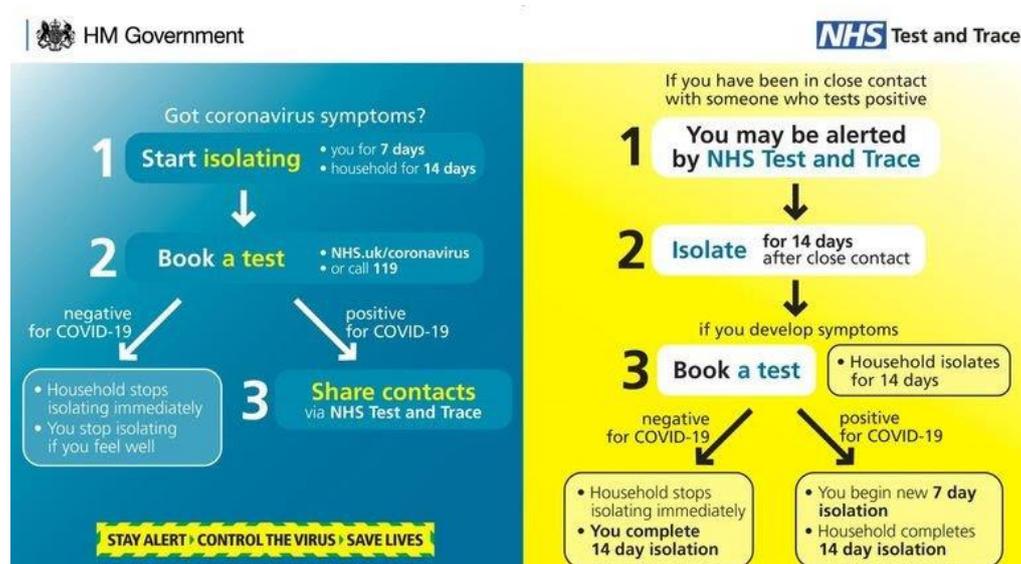
Test and trace service

The new [Test and Trace](#) service has started.

If you test positive for coronavirus, the NHS test and trace service will send you a text or email alert or call you with instructions of how to share details of people with whom you have had close, recent contact and places you have visited. You will be told to do this online via a secure website or you will be called by one of the new contract tracers.

If you have been in close contact with someone who has tested positive you will be alerted by the NHS test and trace service. The alert will usually come by text, email or phone call. You should then log on to the NHS test and trace website, which is normally the easiest way for you and the service to communicate with each other – but, if not, a trained call handler will talk you through what you must do. Under-18s will get a phone call and a parent or guardian will be asked to give permission for the call to continue.

This can be summarised below.



Wine tasting evening. 'Summer Tipple Together'



We are all looking forward to the wine tasting event this evening. If anyone has any questions at all, please contact Lucy on [REDACTED] or

[REDACTED] Please remember to leave 6 jugs or vessels outside your house, numbered from 1 to 6. The appropriate measure of wine will be left in each container depending on the number of participants.

We will see you on the zoom call or if you prefer, ask for the paper copy of instructions and run your own event.

Lockdown Village Coffee Morning



Caroline and Linda would like to say a huge thank you to everyone who made, bought and delivered the gorgeous cakes this Wednesday. It was lovely to see all the cakes beautifully packaged and labelled and so thank you to everyone involved. £300 was raised which is fantastic. Thanks to all.

A History of the Village



Geof has put together the fourth part of our village history series and this is available on our website. As they say, 'learn something new every day.' Thankyou Geof. This series is really enlightening.

If you go to the website and click on the 'village history' tab at the top of the page, you will find the answer to the question set last week and the next part of the historical journey. Here is the link to the website.

<https://kirkbyoverblow.org/>.



Dunkeswick Commemoration

On the 24th of May 1995 an Embraer 110 belonging to Knight Air, bound for Aberdeen left Leeds Bradford airport and crashed soon afterwards in Dunkeswick with the loss of all 12 passengers and crew on board.



Craig Marshall our new Rector was contacted by the Yorkshire post a few days prior to the 25th anniversary of the tragic accident and he agreed to meet a photographer at the Memorial stone at St Barnabas church in Weeton. Craig offered a touching prayer to all those who lost their lives and to their families who still grieve. Craig's wife Jane kindly arranged a posy of 12 flowers, one for each of those onboard who sadly lost their lives that day.

Some of the relatives were subsequently able to join in the Benefice Sunday Zoom service and we hope to see them in our community once the restrictions are lifted.

Village News

We are pleased to say that the Lower Wharfedale Village News Newsletter will be available shortly on www.Kirkbyoverblow.org

A Virtual Weeton Show



Weeton Show

Weeton Show Goes Online for 2020!

We are delighted to say that Weeton Show will be running online competition classes in all sections of the show (produce, handicrafts, horse & ponies, sheep, dogs, hens, pets, fruit, veg & flowers and "The Run"). The virtual "Schedule" will be delivered to you on-line over the next few weeks via our website and Facebook page. We look forward to receiving your on line entries by email or messenger. Closing date for entries Sunday 12th July. Results will be announced on "Virtual Show Day" Sunday 19th July. Best wishes from the Weeton Show Committee

Time Capsule

Thank you to those of you who have sent Lucy photographs of your household and a short paragraph about your experiences during lock down.

We will not look to share this information outside the village. Our idea is to create a book that shows all of your photographs and your short write ups. Please keep your comments to a paragraph only:



- Who you are
- Where you live
- What you will remember about this time/what you think about the experience

We would like to start pulling the photographs together, so please send yours to Lucy as soon as possible a [REDACTED]

Church News



A message from our vicar Craig Marshall

Dear Friends

Over the years, one of the questions I have been asked from time to time, usually from children is, 'What was Jesus like?' On the face of it, I guess this is an easy question to answer but on another level, it does require some deep and careful thought. Perhaps the easier and less demanding response would allude to the fact that no actual images exist of Jesus who lived over 2000 years ago. Over the centuries, a great many paintings and images have been produced which offer the artists' impressions of how they imagined Jesus to have looked.

If Jesus was with us in physical form today and people flocked to see him and hear him as they did back then, I imagine that he would be photographed by smart phones and tablets, even appearing in 'selfies' I expect.

So, perhaps the only answer to the question, 'what was Jesus like?' is to confirm that no one really knows. We can only speculate on what he might have looked like, given that we know where he was born and raised amidst humanity.

All of this, of course, assumes that the question is enquiring of physical characteristics. If the question begins to focus on personal qualities and issues of character and values, perhaps we can begin to build up a picture of what Jesus was like. For me, delving into the gospels and the letters of the New Testament, I believe I am able to learn that Jesus was a person who had the attributes and qualities of the perfect person; his life, death and resurrection attest to this I think.

However, taking all this into consideration, I believe very strongly that we can see what Jesus is like through the actions and qualities of those around us. What's more, maybe we can show others what Jesus is like by the way we behave and act towards them.

During these past months, despite the challenges we have faced, it has been a delight witnessing and reading about those who have shown such selfless commitment towards others; warmth, friendship, kindness and compassion. All of these, for me, are hallmarks of the living Christ I worship. They can be seen when we care to look closely at those around us who exhibit these qualities. Captain Tom (now Sir Tom) Moore is a glowing example I think and of course, there are many others.

These days, when children ask me, 'what was Jesus like?' whilst I might answer using stories from the Bible, I also encourage them to look for Jesus in others who show what it is to be a kind, caring and compassionate human being.

Warmest regards and every blessing.

Craig

Upcoming Events

Monday 1st June-Pub Quiz from the Shoulder of Mutton at 7.30pm

We are looking to increase the number of people able to access the pub quiz on Monday night and so please do contact us if you would like some help setting it up. It really does only take 5 minutes to sign up and then it is very straight forward as you just click on the link to join any Zoom call.

The quiz link for Monday is as follows:

<https://us02web.zoom.us/j/437224837?pwd=amlocnhLM2twL2lwb0YxdWZZQzI5UT09>

The password is: **shoulder**

And Finally...

The village ducks that were in the bus shelter seem to have waddled off! We really hope that they will return so if anyone knows where they are, let us know or just return them to the bus shelter. Thanks.

Please do contact us if you have any questions, concerns or contributions. We know that there is a lot of change to take on board at the moment so do contact us if you want to talk about anything at all. All of our contact details are included below:

Take care of yourselves, **stay home as much as possible** and **stay safe**.

Best wishes

Kirkby Overblow Parish Council and CoVid Community Group

Contact Details

