

Newsletter No 21
4th July
2020

The Kirkby Overblow COVID Newsletter

Dear Village Resident

The 4th July marks yet another change in our world as we come out of lock down. Here is a summary of the new rules from the Government.



From 4 July onwards:

- You can meet in groups of up to two households (your [support bubble](#) counts as one household) in any location - public or private, indoors or outdoors. You do not always have to meet with the same household - you can meet with different households at different times. However, it remains the case - even inside someone's home - that you should socially distance from anyone not in your household or bubble. This change also does not affect the support you receive from your carers.
- When you are outside you can continue to meet in groups of up to six people from different households, following social distancing guidelines
- Additional businesses and venues, including restaurants, pubs, cinemas, visitor attractions, hotels, and campsites will be able to open - but we will continue to keep closed certain premises where the risks of transmission may be higher
- Other public places, such as libraries, community centres, places of worship, outdoor playgrounds and outdoor gyms will be able to open
- You can stay overnight away from your home with your own household or support bubble, or with members of one other household
- It will be against the law to gather in groups larger than 30 people, except for a limited set of circumstances to be set out in law

The key to coming out of lock down remains the same-**Stay alert** which means you must:

- stay at home as much as possible
- work from home if you can
- limit contact with other people
- keep your distance if you go out (2 metres apart where possible)
- wash your hands regularly
- Do not leave home if you or anyone in your household has symptoms.

Please do contact us if you are unsure about getting tested, you have any questions or concerns or you just want to check what the appropriate action should be.

We can all help each other as we enter this recovery period



There for each other

News from the Shoulder of Mutton

- Kate and the team are really looking forward to welcoming the village back to the pub. Please book a time slot with Kate if you plan to go to the pub this weekend.
- Kate will send out separate emails if there are any updates on how the pub will function and we will forward these to you.
- If you are shielding or isolating, Kate and the team will continue to offer a shopping service.
- Syke House Farm, who supply the meat to Kate, have offered to deliver to everyone in the village. Just place your order directly with Steve. Sykes House Farm main office – 01937 582549, personal service and you can order exactly what you would like and choose your delivery day.

Mobile App for Apple - <https://apps.apple.com/gb/app/sykes-house-farm/id1516058373>

Otherwise search google play store for Sykes House Farm. Make sure you use the 'local store' otherwise you may be charged too much for delivery.

If you are not going to be home to receive delivery then they will leave thermal boxes that will keep the meat chilled all day long in a nominated safe place.

Advice and support to help us all

Volunteering, Activities and Information

Crafty Caterpillar



Our 'Kirkby Covie' Caterpillar is now really established outside school and if you want to make sure that Kirkby Covie continues to grow, please do add your stone this weekend. This is a photo taken today.

Please add your stone to the caterpillar and decorate it in any way that you wish. If anyone has any questions at all, please contact Lucy [REDACTED]

Supporting our wider community

Support for the hot meal takeaway initiative at St Peter's Church, Harrogate.

Thank you for all of your contributions to the St Peters appeal. We are very grateful and all donations are really appreciated.

Time Capsule

Any last minute contributions for the time capsule are still welcome. Please send to Lucy. Thanks.

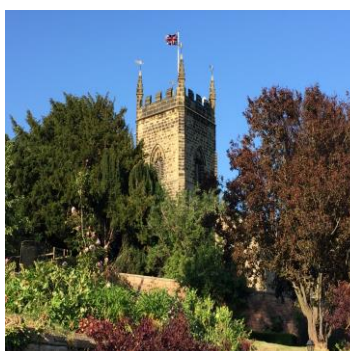
A History of the Village

Geof has put together the ninth part of our village history series and this will be available on our website.

Please go to our website at <https://kirkbyoverblow.org/> and click on the 'village history' tab at the top of the page.



Church News



A message from our vicar Craig Marshall

Dear Friends

Not long ago I was giving my study a good 'once over' with the duster. Now, the tall, unit next to my desk is stacked with a whole range of Christian and theological books, all propped upright by bookends which are beautifully carved in the shape of a pair of praying hands. The bookends themselves needed a dust so I removed them and started to give them a much needed clean.

As I am sure you can imagine, before long, the end books took a tumble, catching the edge of my desk on the way down. A stray book, which had been lying flat on top of the others, fell forward and landed on a cup of coffee which spilled onto a variety of papers and documents. Before long I was in quite a mess and it took me some fifteen minutes before I was back where I had started. All this occurred because I had taken down my 'praying hands'.

I wonder how often we find ourselves in a mess because we take down our praying hands or because we fail to give serious thought to those decisions, which are likely to affect our lives and the lives of those around us? Of course, it is true that we often find ourselves praying or thinking most fervently when we are in difficulty or facing some challenge or another. In this sense our prayers are responsive as we look for solutions to given problems and our appeal to God is a cry for HELP!

However, Jesus taught us how important it is to be persistent in prayer. Not just when things are tough, but during the ordinary moments too. In chapter 11 of Luke's gospel, Jesus not only gives us the model prayer which we know as the 'Lord's prayer' but also encourages us, through his teaching, to be persistent in prayer in order to receive the full blessings of God's great plan for each of us.

Now, this is not to say that we will not face trials and difficulties at various times in our lives, the last three months is certainly testament to that. Yes, 'books will fall off our shelves', things might scatter in unexpected ways but perhaps it would help to keep our praying hands in place in order that we might grow in relationship with God

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