

Newsletter No 22  
17<sup>th</sup> July  
2020

# The Kirkby Overblow COVID Newsletter



Dear Village Resident

This is our last newsletter as part of our regular updates. We now propose to only send a newsletter when the need arises; whether this be a change to the Covid risk situation in our local area, updates that are relevant to you or specific information from us as a Community Group.

Over the last couple of weeks, more guidance has been released for those of you who are shielding. Here is a summary of the key points:

- Advisory guidance to be eased for 2.2 million clinically extremely vulnerable people across England, as virus infection rates continue to fall
- From Monday 6 July, those shielding from coronavirus were told they can gather in groups of up to 6 people outdoors and form a 'support bubble' with another household
- Government shielding support packages will remain in place until the end of July when people will no longer be advised to shield

As a Community Group, we continue to offer support to anyone who would like help with shopping, picking up any items or any other support that helps you as we continue to come out of lock down. Please contact any member of the Community Group and all of our numbers are at the bottom of this newsletter.

The advice still remains the same overall:

- stay at home as much as possible
- work from home if you can
- limit contact with other people
- keep your distance if you go out (2 metres apart where possible)
- wash your hands regularly
- Do not leave home if you or anyone in your household has symptoms.

Please do contact us if you are unsure about getting tested, you have any questions or concerns or you just want to check what the appropriate action should be.

## There for each other

### News from the Shoulder of Mutton



Many of the village have visited the Shoulder of Mutton since the 4<sup>th</sup> July and have enjoyed sitting in the garden or being in the pub. We would like to take this opportunity to thank Kate and the team for all of their hard work and support over the last few months -the food supplies, fresh and frozen meals and the prescription service have been amazing and I know many people enjoyed the 4<sup>th</sup> July when Kate dedicated the pub to the village.

Thank you, Kate, and the team-from each and every one of us!

We would like to thank Lancasters Bakery in Harrogate and Johnsons Greengrocers in Wetherby for their supplies over the last few months. If you would like to still receive their produce, please contact them directly.

**This is Kate's latest update and we will continue to use this email list for Kate's updates or any other important updates for the village.**

We are so excited to be open again following the relaxation of lockdown and can't wait to see you all again.

As you can appreciate, we have made some changes to comply with government guidance. There is now a one way system in place so when you arrive, you enter through the front door and leave through the side door.

On arrival, we will take you to your table and take your drinks and food orders from there. At the end of your visit, we will bring the bill to your table and take payment there.

We would advise booking as we have had to reduce the number of tables available inside to comply with the distancing guidelines but you can also just call in as more often than not, we have space available.

We also have the beautiful garden behind the pub which you can now also book but the tables are not rainproof so if the weather looks inclement, it's definitely wiser to book inside.

#### **New Opening Days & Times**

We are now open every day, including Mondays and we're open from 9am, serving a delicious range of breakfast options, pastries, fresh coffee and homemade cake as well as meals throughout the day.

#### **Food Ordering Times**

Monday to Thursday 9am – 8pm

Friday and Saturday 9am – 9pm

Sunday 9am – 7pm

### Takeaways

We are continuing to offer a takeaway and local delivery service (within 3 miles). This is now available **every day** from 9am and we have extended the range of meals available. Check out our website or use our new app (details below)

### Frozen Homemade Ready Meals

We continue to have a small range of frozen homemade dishes from our menu also available to buy.

### Shopping Service

We are still offering a fresh food and essentials shopping service for households who are continuing to shield or who need to isolate. Orders need to be placed by Monday lunchtime for collection/delivery Wednesday.

### New App for Orders & Booking Tables

We have developed a new app to help with taking orders inside the pub, from the garden or from home if ordering a take away. You can also use it to book tables, buy gift vouchers and hear about the latest news and offers from The Shoulder of Mutton. You can access it through our website

[www.shoulderofmuttonharrogate.co.uk](http://www.shoulderofmuttonharrogate.co.uk) or click on the link below to add it to your browser or smart phone:

<https://bit.ly/2YoUAnN>

## A History of the Village

Geof has put together the last two pieces so we now have all 12 historical sections available on the website. Our special thanks go to Geof for his dedication to this project.

Please go to our website at <https://kirkbyoverblow.org/> and click on the 'village history' tab at the top of the page. You will see all twelve parts are available to view.



## A message from Craig Marshall

Dear Friends

Something which has struck me during the last few months whilst we have been 'locked-down' is the appearance of quite a number of programmes and articles in the media related to visual art. I was quite taken by 'Grayson Perry's Art Club' which saw Grayson, celebrities and members of the public producing pieces of art in their homes and sharing via the programme.

As someone who dabbles myself in producing art, I was captivated by the talent and creativity of so many people. Interestingly, I have always found throughout my ministry that there is a healthy bank of artists within the parishes I have served, both



professional and enthusiastic amateur. I've always enjoyed looking at their work, becoming absorbed and drawn in to the stories and ideas the images invoke.

If you're anything like me, you will have quite a visual memory and way of thinking. I think this is why I have also found myself 'drawn in' to the stories Jesus told. His parables are simple to visualise but at the same time impart profound messages. A good piece of art can do the same I think. Perhaps this is one of the reasons why biblical themes feature so heavily in certain periods of the history of art.

Creativity of thinking and expression, are features of what I believe it is to be fully human. I must say, I enjoy the process of creating art as much as any finished piece. Whether it is deemed good or bad is not so important as the engagement and joy of being creative. As a Christian believer, I give thanks that we have a God of creation, populating our world and the universe with colour, variety, texture, shape and life, all of which helps give meaning and purpose.

I do hope in the coming weeks and months fresh art, visual or otherwise, will be produced. I would encourage anyone who hasn't expressed themselves in this way, possibly since their school days, to grab some form of mark making medium and something to make marks upon and enjoy simply having a go. If you do, please let me know, I would love to see what you have enjoyed producing. Printed below is a small copy of a digital, impressionistic painting of Rougemont Carr with its fabulous bluebells which I completed back in April.



This comes with every blessing

Craig

## Volunteering, Activities and Information



We have spotted some amazing sunflowers around the village and Lucy will be judging who has won the village sunflower competition at the end of the summer holidays. If you can send a photograph in of your sunflower and measure how tall it is once it reaches its full height, that would be fantastic. There is a prize to be won!

## Volunteering, Activities and Information



During lock down there has been two families who have had wonderful news and cause to celebrate. We wanted to take this opportunity to welcome the two lock down babies to the village.

Congratulations to James and Keeley [REDACTED] and welcome to the world baby Alba.



Also to Emma, Duncan, Jacob, Ted and Emilia at Cherchebi House Main Street. Welcome Emilia and Congratulations to the whole family.



